

# remedē<sup>®</sup> PATIENT AMBASSADOR PROFILE



## Patient Story

**Patient Name:** Roger Blair

**Spouse/Caregiver:** Roberta

**Date of remedē implant:** October 6, 2014

**Patient Story:** Before the remedē System, I was just tired, tired, tired!! It took me all day, with many breaks, to accomplish in a day what I used to do before breakfast. I was diagnosed with central sleep apnea (CSA) in 2009 and wore my BiPAP religiously for 5 years. Although I could tell I felt a little better, I got so tired of waking up bloated and having stomach cramps all day...I just couldn't take it anymore. After researching options, finding the remedē System online and participating in their clinical trial, I finally received the therapy in 2014. The remedē System has definitely changed my life. I am now feeling great from getting restorative sleep, I have so much more energy throughout the day. I feel like I'm 50 again!

**Patient Activity Level/Hobbies/Pastimes:** Roger and his wife are semi-retired. Roger enjoys fishing, road trips with Roberta in their RV and an occasional motorcycle ride on his Harley Davidson. They also enjoy their time in the log-cabin they personally built in northern Minnesota.

## Medical Summary

**Patient Age:** 72

**Date of CSA Diagnosis:** June 10, 2009

**Other therapies tried before remedē:** BiPAP

## Medical Team

**Referring Center:** self-referred from the Respicardia website

**Sleep Center:** Essentia St. Mary

**Implanting Center:** Allina Health United Hospital

## Pre- and Post- remedē Sleep Metrics\*

### Before remedē Therapy

Apnea Hypopnea Index (AHI): .....51.2/hr

Central Apnea Index (CAI): ..... 34.5/hr

### After 5 Years of remedē Therapy

Apnea Hypopnea Index (AHI): .....1.3/hr

Central Apnea Index (CAI): ..... 0.6/hr

\*Sleep data obtained from patient sleep studies administered before and after remedē System treatment.

## The account given is genuine and documented.

Each story represents a unique individual experience and does not provide any indication, guide, warranty or guarantee as to the response other people may have to the therapy.

The table below provides median change in AHI and CAI from the **remedē** Pivotal Trial. Individual patient results may vary.

	<b>BASELINE (N=131)</b>	<b>1 YEAR (N=115)</b>	<b>2 YEARS (N=101)</b>	<b>5 YEARS (N=42)</b>
<b>Apnea Hypopnea Index (AHI)</b>	<b>46</b> [34, 60]	<b>18</b> [9, 34]	<b>16</b> [7, 32]	<b>17</b> [9, 34]
<b>Central Apnea Index (CAI)</b>	<b>23</b> [13, 39]	<b>1</b> [0, 4]	<b>1</b> [0, 3]	<b>1</b> [0, 5]

Reported as median [interquartile range].

Please speak with your doctor to determine if this therapy is right for you.  
Full Important Safety Information can be found at [remede.zoll.com](http://remede.zoll.com).

### Important Safety Information

The **remedē**® System is indicated for moderate to severe Central Sleep Apnea (CSA) in adult patients. Your doctor will need to evaluate your condition to determine if the **remedē** System is right for you. You will not be able to have an MRI or diathermy (special heat therapies) if you have the **remedē** System implanted. The **remedē** System may be used if you have another stimulation device such as a heart pacemaker or defibrillator; special testing will be needed to ensure the devices are not interacting. As with any surgically implanted device, there are risks related to the surgical procedure itself which may include, but are not limited to, pain, swelling, and infection. Once the therapy is turned on, some patients may experience discomfort from stimulation and/or from the presence of the device. The majority of these events are resolved either on their own or by adjusting the therapy settings. The **remedē** System may not work for everyone. There are additional risks associated with removing your system. If you and your doctor decide to remove the system, another surgery will be required. Be sure to talk with your doctor so that you thoroughly understand all of the risks and benefits associated with the implantation of the **remedē** System. For further information, please visit [remede.zoll.com](http://remede.zoll.com), call 952-540-4470 or email [info@remede.zoll.com](mailto:info@remede.zoll.com). **Indication for use:** The **remedē** System is an implantable phrenic nerve stimulator indicated for the treatment of moderate to severe Central Sleep Apnea (CSA) in adult patients. **Contraindications:** The **remedē** System is contraindicated for use in patients with an active infection or patients known to require magnetic resonance imaging (MRI). See the Instructions for Use for complete information regarding the procedure, indications for use, contraindications, warnings, precautions, and potential adverse events. **Rx Only.** The **remedē**® System, **remedē**® EL System, and **remedē**® EL-X System have received FDA approval. The **remedē**® System model 1001 has received CE Mark approval.

## ZOLL MEDICAL CORPORATION

12400 Whitewater Dr., Suite 150 | Minnetonka, MN 55343 | 952-540-4470 | [info@remede.zoll.com](mailto:info@remede.zoll.com) | [remede.zoll.com](http://remede.zoll.com)

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